

THE COMMUNITY HOUSE
SERVING THE COMMUNITY FOR
OVER 80 YEARS!

January 2013

www.thecommunityhouse.net



THE CH CHATTER



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The Executive Board of the Community House would like to thank those members who contributed to the Employee Holiday Fund. We were able to give our dedicated staff an added bonus thanks to your donations.

Our staff continues to work hard throughout the year to make the Community House a safe, clean and enjoyable place for children and adults alike.

At this time we would like to extend to all our Community House members and their families a Happy and Healthy New Year!

On behalf of the entire Community House staff I would like to extend a heartfelt thank you to all our members for their generosity! Wishing all of you a very Happy & Healthy 2013

Joko



Mark your 2013 calendars with the following dates...

April 20 & 21 - Women's Club Rehearsal and Guest Night
September 21 - Member's BBQ
October 5 - Mother/Daughter Luncheon
November 2 - Taste of Forest Hills 2013
December 7 - CH Family Holiday Dinner Dance
December 14 - Men's Club Christmas Dinner Dance

Winter Classes and CH News



Winter Swim Lessons

Registration for winter swim lessons began on December 3rd for all CH members. The first classes will begin the week of January 7th.

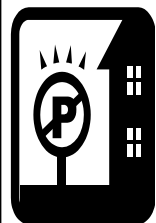
Beyond Level Five Swimming

Registration for the winter session of Beyond Level Five Swimming began on Monday, December 3rd for members. Nine (9) one hour classes on Monday, Tuesday or Wednesday evenings from 7-8 pm. Classes begin on January 7th.

Pamper Paddlers

Registration for the winter session of Pamper Paddlers began on December 3rd for members classes begin on January 19th.

Parents, Please remember to check the lost and found box next to the soda machine on a regular basis.



Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.

Men's "Over the Hill" Basketball

Wednesday night pick-up games at 7:15 PM



After School News

Monthly Fees

With transportation

\$250.00

Without transportation

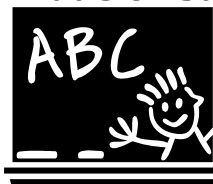
\$175.00

Remember the After School Program follows the public school calendar therefore there will be **NO AFTER SCHOOL** on the following days:

Monday, January 1

Monday, January 21

REMINDER - January, February and March After School fees are due on January 2nd



From the Community House School

Calendar

Wednesday, January 2nd - School re-opens

Friday, January 4 - P.A. mtg 9am

Monday, January 21st - school closed - Martin Luther King's Birthday

WINTER SESSION REGISTRATION FOR THE FOLLOWING CLASSES WILL BEGIN ON THE DATES LISTED BELOW:

HIP HOP -

FRIDAY, JANUARY 4TH AT 7:00 PM

MARTIAL ARTS -

SATURDAY, JANUARY 5TH AT 11:00 AM

Beginning Monday, January 7th you can register for the following classes: WATER AEROBICS, ZUMBA and TAI CHI

YOGA CLASSES ARE ONGOING AND BEGINNERS ARE WELCOME AT ANYTIME

Saturday morning sports clinics for CH members!

Indoor Basketball Clinic

January 5, 12, 19 & 26

10 - 11 am children ages 5 - 7

11 am - Noon children ages 8 - 11

Indoor Soccer Clinic

Saturday mornings

10 am - Noon

February 2, 9, 16, 23

March 2, 9, 16, 23

10 - 11 am children ages 5 - 7

11 am - Noon children ages 8 - 11



A special thanks once again to Laura Evangelista for chairing the annual CH Holiday Dinner Dance.






**Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!**

JANUARY POOL SCHEDULE

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers. Kindly keep our locker rooms clean...Thank you!!

Mon	Tue	Wed	Thu	Fri	Sat
	1 CH CLOSED	2 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3 - 6:00 pm Family Swim 7 - 8:00 pm Family Swim 7 - 8:00 pm 8:00 - 9:15 pm Adult Lap	3 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3- 5 pm Family Swim 7 - 8 pm Family Swim 8 - 9:15 pm Adult Lap	4 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	5 7:30 - 10:30am Adult Lap 10:30-11:00am Adult No Lap 11am- Noon Water Aerobics 1 - 2:00 pm Pamper Paddlers 1 - 5:30 pm Family Swim
7 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7 - 8:00 pm Family Swim 7 - 8:00 pm Beyond Level 5 Swim class 8:00 - 9:15 pm Adult Lap	8 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3-3:30 pm Lessons 3:30 - 5 pm Family Swim 7 - 8 pm Family Swim 7 - 8:00 pm Beyond Level 5 Swim class 8 - 9:15 pm Adult Lap	9 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7 - 8:00 pm Family Swim 7 - 8:00 pm Beyond Level 5 Swim class 8:00 - 9:15 pm Adult Lap	10 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3-3:30 pm Lessons 3:30 - 5 pm Family Swim 7 - 8 pm Family Swim 8 - 9:15 pm Adult Lap	11 6:00 am - 1 pm Adult Lap 1 - 2 pm Adult No Lap 3 - 4:00 pm Family Swim 4:00 - 6:30 pm Lessons 6:30 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	12 SAME AS ABOVE
14 SAME AS ABOVE	15 SAME AS ABOVE	16 SAME AS ABOVE	17 SAME AS ABOVE	18 SAME AS ABOVE	19 SAME AS ABOVE
21 CH CLOSED	22 SAME AS ABOVE	23 SAME AS ABOVE	24 SAME AS ABOVE	25 SAME AS ABOVE	26 SAME AS ABOVE
28 Same as January 14th	29 SAME AS ABOVE	30	31		



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15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771

www.thecommunityhouse.net

OFFICE HOURS

Monday-Friday 9am-9:00pm

Saturday 9am-5pm

EXECUTIVE COMMITTEE

Mrs. Lily Zivkovic, Chairperson

Mr. Jack Seng, Vice-Chairperson

Mr. Joseph Keane, Past-Chairperson

Mr. Edward Llerandi, Treasurer

Mrs. Randy St. Germain, Secretary

COMMITTEE MEMBERS

Mrs. Clotilde Eng

Mr. George Mauro

Mrs. Shirley Moy

Mrs. Mary O'Connell

Mrs. JoJo Serventi, Director

Pool Notes and Reminders



- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends **15 MINUTES BEFORE** the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- Yearly locker rental fees will be \$40 for small lockers and \$80 for large lockers. You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.

UPCOMING EVENTS

February 4th - Women's Club General Meeting

February 18th - CH Closed for President's Day

NO AFTER SCHOOL FEBRUARY 18 & 19

February 21st - Women's Club Garden Chapter Luncheon

February 25th - Women's Club Board & Bridge

JANUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CH CLOSED New Year's Holiday	2 CH After School Program Resumes Over the Hill Basketball 7:15 pm	3	4 Registration For Hip Hop	5 BBall Clinic 10 - 12 pm Open Gym 12pm-4:00 pm Registration for Martial Arts
7 Tai Chi Women's Club General Meeting Zumba	8 PM Yoga	9 AM Yoga Over the Hill Basketball 7:15 pm ZUMBA	10 PM Yoga	11 HIP HOP	12 AM Yoga BBall Clinic 10 - 12 pm Water Aerobics Open Gym 12pm-4:00 pm Martial Arts Tai Chi
14 Tai Chi Zumba	15 PM Yoga	16 AM Yoga Over the Hill Basketball 7:15 pm ZUMBA	17 PM Yoga	18 HIP HOP	19 AM Yoga BBall Clinic 10 - 12 pm Water Aerobics Open Gym 12pm-4:00 pm Martial Arts Tai Chi
21 CH CLOSED Martin Luther King Jr. Holiday	22 PM Yoga	23 AM Yoga Over the Hill Basketball 7:15 pm ZUMBA	24 PM Yoga	25 HIP HOP	26 AM Yoga BBall Clinic 10 - 12 pm Water Aerobics Open Gym 12pm-4:00 pm Martial Arts Tai Chi
28 Tai Chi Women's Club Board & Bridge Zumba	29 PM Yoga	30 AM Yoga Over the Hill Basketball 7:15 pm ZUMBA	31 CH Nursery School Bake Sale PM Yoga		

CLASS SCHEDULES

Adults only yoga

Tuesdays and Thursdays

evenings 7:15-8:30 pm

Wednesday Mornings

6:30-7:45am

Saturday Mornings 7:45-9:00 am

Family yoga

Saturday mornings 9 am-10 am

Martial arts

Saturdays

4-5 year olds 12:00 pm

6-10 year olds 1:00 pm

6-10 year olds 2:00 pm

11 years & up 3:00 pm

Hip Hop Classes

Friday evenings 7:00 pm

Zumba Classes

Monday & Wednesdays 7:30 pm

Water Aerobic Classes

Saturdays at 11 am

Sports Clinics

Saturdays 10am—Noon

Tai Chi Classes

Saturdays 4:00 pm - 5:00 pm