



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS
Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE
Mr. Jack Seng, Chairperson
Mrs. Lily Zivkovic, Vice-Chairperson
Mr. Joseph Keane, Past-Chairperson
Mrs. Clotilde Eng, Treasurer
Mrs. Mary O'Connell, Secretary

COMMITTEE MEMBERS
Mr. Edward Llerandi
Mr. George Mauro
Mrs. Shirley Moy
Mrs. Randy St. Germain
Mrs. JoJo Serventi, Director

INSIDE THIS ISSUE

2014 SUMMER PROGRAM

CH NEWS/CLASSES
CH SCHOOL NEWS

MARCH POOL SCHEDULE

MARCH CALENDAR
UPCOMING EVENTS
POOL REGULATIONS
CH CLASS SCHEDULES



REGISTER NOW FOR THE CH 2014 SUMMER PROGRAM

The Community House is offering a 7-week Summer Program beginning June 30th and ending August 15th.

The CH Summer Program has proven to be a wonderful experience for children and counselors alike.

Daily hours are 8:30 am - 4:00 pm
Early drop off (8:00 am) & Extended Care (4:00 pm - 6:00 pm)

Kinder Program for Grades pre-K and K
Junior Program for Grades 1 through 6
CIT Program for CH member students who have completed grades 7 or 8
Applications are available NOW at the CH Office or you can download one at www.citgch.org

Register early to assure a place for your child.

Orientation night in June!



LOOKING FORWARD TO



CLASSES AND CH NEWS



**Spring
Swim class
registration
will begin
on Monday,
March 17th for
CH members**



The CITG is sponsoring a blood drive on Sunday, March 2nd. For more information please call the church office at 718-268-6704



**"Over the Hill"
Men's
Basketball
Wednesday
evenings
7:15 pm**



**MARK YOUR
2014
CALENDARS**

March 22 - Men's Club Spring Dance
April 11&12 - Women's Club Rehearsal & Guest Night
September 20 - CH Members' Barbecue
October 18 - "Taste of Forest Hills 2014" (10th annual)
December 6 - CH Family Christmas Dinner Dance
December 13 - Men's Club Christmas Dinner Dance



Registration for the 2014/2015 after school program will be Tuesday, April 1st for current after school families. Forms will be given out the end of this month.

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car

Saturday morning Soccer clinic

10:30 am-12:30 pm
10:30am-11:30am for children ages 5-7
11:30 am-12:30 pm for children ages 8-10
3/1, 3/8, 3/22, 3/29

Classes will remain as scheduled based on enrollment size.

We hope to be starting another basketball clinic in April



**From the
Community House
School**

The students and the staff at the Community House School can't wait for spring to begin this month. We will be welcoming spring with songs and stories. We all hope that the weather gets warmer so we can play outside again in our spacious playground.

This month will be filled with exciting and creative learning experiences for our students. We will have a visit from the Mad Science program and the students will participate in a dinosaur dig. We will be celebrating St. Patrick's Day and we will be making green projects with our students. Two classes will be going to see "Caps for Sale" and "The Three Billy Goats Gruff" show at Queens College.

Upcoming Events

March 7th - Mad Science Digging for Dinosaurs
March 17th - St. Patrick's Day Wear Green
March 20th - Trip for 5 morning and full day class

HAPPY ST. PATRICK'S DAY

NOTICE TO ALL MEMBERS
Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, then the classes will have to be cancelled.

MARCH POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 6:30 - 10:30am Adult Lap 10:30 - 11:00am Adult No Lap 11:00 - Noon Water Aerobics 1:00 - 5:30pm Family Swim
3 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	4 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 -3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	5 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	6 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 -3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	7 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:30 pm Lessons 6:30 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	8 SAME AS ABOVE
10 SAME AS ABOVE	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE	14 SAME AS ABOVE	15 SAME AS ABOVE
17 SAME AS ABOVE	18 SAME AS ABOVE	19 SAME AS ABOVE	20 SAME AS ABOVE	21 SAME AS ABOVE	22 SAME AS ABOVE
24 SAME AS ABOVE	25 SAME AS ABOVE	26 SAME AS ABOVE	27 SAME AS ABOVE	28 SAME AS ABOVE	29 SAME AS ABOVE
31 SAME AS ABOVE					

CLASS SCHEDULES:

Adults only yoga

Tuesdays and Thursdays evenings
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:30-8:45 am

Family yoga

Saturday Mornings 8:45-9:30 am

Martial arts

Saturdays

4-5 year olds 12:30 pm

6-10 year olds 1:30 pm

6-10 year olds 2:30 pm

11 years & up 3:30 pm

Hip Hop Classes

Friday evenings 7:00 pm

Zumba Classes

Mondays & Wednesdays 7:30 pm

Zumba Kids

Saturday Mornings 9:30 - 10:30 am

Saturday Soccer clinic

Children ages 5-7 10:30 - 11:30 am

" ages 8-10 11:30am - 12:30 pm

Water Aerobic Classes

Saturdays 11:00 am - Noon

Tai Chi Classes

Saturdays 4:30 pm - 5:30 pm

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Yoga Zumba Kids Soccer Clinic Water Aerobics Martial Arts Tai Chi
3 Women's Club General Meeting Zumba	4 PM Yoga	5 AM Yoga Over the Hill Basketball	6 PM Yoga	7 HIP HOP	8 Yoga Zumba Kids Soccer Clinic Water Aerobics Martial Arts Tai Chi
10 Zumba	11 PM Yoga	12 AM Yoga Over the Hill Basketball Zumba	13 PM Yoga	14	15 GYM CLOSED
17 Women's Club Board & Bridge Swim registration for CH members Zumba	18 PM Yoga	19 AM Yoga Zumba	20 PM Yoga	21 HIP HOP	22 Yoga Zumba Kids Soccer Clinic Water Aerobics Martial Arts Tai Chi Men's Club Spring Dance
24 Swim registration for non CH members Zumba	25 PM Yoga	26 AM Yoga Zumba	27 PM Yoga	28 HIP HOP	29 Yoga Soccer
31 Zumba					



UPCOMING EVENTS

- April 7 - Women's Club Board mtg.
- April 11 & 12 - Women's Club Rehearsal & Guest Night
- April 14 through 22 - Spring break
- No After School
- April 18 - CH Closed Good Friday
- April 21 - Women's Club Board & Bridge
- May 5 - Women's Club Board mtg.
- May 17th-18th - Garden Players show
- May 24-26 CH Closed Memorial Day weekend
- June 20 - Last day for the CH Nursery School
- June 25 - Last Day of the CH After School program
- June 30 - First day of the Summer Program