



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS

Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE

Mr. Jack Seng, Chairperson
Mrs. Lily Zivkovic, Vice-Chairperson
Mr. Joseph Keane, Past-Chairperson
Mrs. Clotilde Eng, Treasurer
Mrs. Mary O'Connell, Secretary

COMMITTEE MEMBERS

Mr. John Kinahan
Mr. Edward Llerandi
Mr. George Mauro
Mrs. Shirley Moy
Mrs. Randy St. Germain

Mrs. JoJo Serventi, Director

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**CH
ANNUAL
MEMBER'S
BARBECUE
SATURDAY,
SEPTEMBER
20th
5PM**

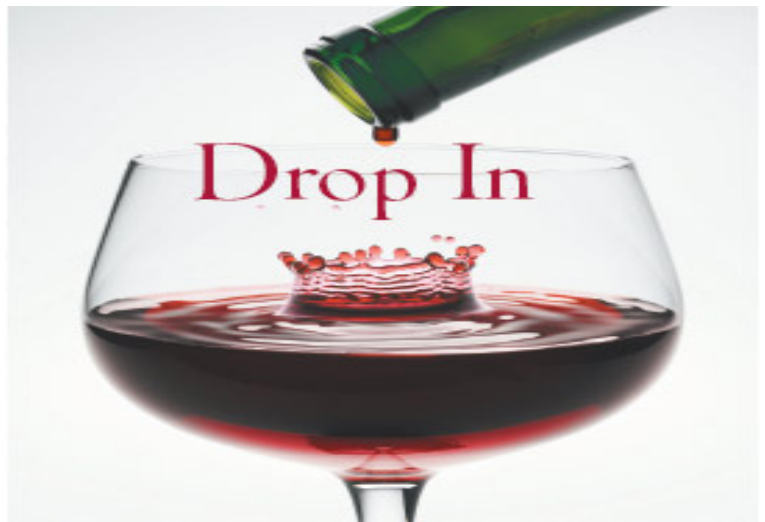
The CH annual Member's Barbecue will be held on Saturday, Sept. 20th at 5:00 pm. Come and join your fellow members and their families as our Executive Committee and our wonderful staff welcome you and your children. There will be plenty of fun and activities for all who attend. The Community House will once again supply "the meat" of the meal, we are asking members to bring beverages or desserts. This enjoyable day might be a great time to introduce any prospective members to our facility, so bring them as well.

Reservation forms are available on our website or at the CH office. Please complete and return to the CH office **no later** than Monday, September 15th. We are looking forward to seeing you there.

Reservations will not be accepted after the 15th.



A special thank you to all those families who participated in our Summer Program. We look forward to seeing you again next year. As always, we thank you for entrusting us with your children. They were a pleasure to have here at the Community House.



Mark your calendars for this year's "Taste of Forest Hills 2014"

Saturday,
October 18, 2014
1:00 - 4:00 pm

Come sample some of Greater Forest Hills' best restaurants paired with today's best wines!

FALL CLASSES AND CH NEWS



Fall Swim Classes

Registration for fall swim lessons will begin on September 15th for CH members and September 22nd for non CH members.

Group swim lessons will begin on Monday September 29th.

Pamper Paddlers will begin on Saturday, October 4th
Beyond level 5 classes will begin the week of October 7th

Call the CH office for more information or download a schedule from our website www.citgch.org



"Over the Hill"
Men's
Basketball
Wednesday
evenings
7:15 pm

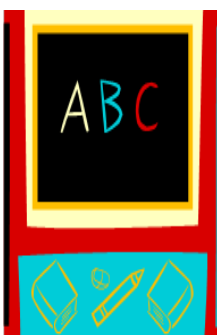
MARK YOUR
2014/2015
CALENDARS



September 20 - CH Member's Barbecue
October 18 - 10th annual "Taste of Forest Hills 2014"
December 6 - CH Family Holiday Dinner Dance
December 13 - Men's Club Christmas Dinner Dance
April 24&25 - Women's Club Rehearsal & Guest Night

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



Welcome back to the CH after school program. The after school program will follow the NYC public school calendar and begin on September 4th.

The hours are as follows:
3:00pm -7:00pm for grades Pre K through 6.

All medical and emergency contact forms are due by September 2nd. Children will not be able to attend until all up-to-date forms are received. NO exceptions. Parent handbooks will be given to all registered students. Please read it carefully as it outlines ALL policies and expectations. We look forward to a very successful school year.

The Garden Players Musical Theater for Kids at the Church-in-the-Gardens

Come register on September 13th & 14th (12:30-2pm) for the Garden Players Friday Classes, a creative musical theater program for children 1st grade-9th grade. Classes culminate in an original musical in the Community House in May. The first semester, Betina Hershey and Sunny Knable lead the group in improvisational exercises that encourage individuality and courageous self expression, vocal exercises to strengthen volume, pitch, and tone, and each class will study selections from a well known musical. The second semester, the actors work on an original, fully staged musical. Towards show time, there will be Sunday afternoon rehearsals. See the website for schedule info.

Register for classes on September 13th 12:30-2pm and September 14th 12:30-2pm in the Music Room at the Church-in-the-Gardens. Call Betina Hershey Russo at 917-204-5647 or go to

www.gardenplayers.com for more info.



From the Community House School

Welcome back to school:

Welcome to the 2014-2015 school year. We hope you had a wonderful, restful, and rejuvenating summer.

We would like to welcome all of our returning families and special greetings to those families who are joining The CITG Community House Nursery & Kindergarten School for the first time. This year the students will have many new experiences as they learn about their world. The year promises to be full of fun, friendships, learning and growth. We are excited to begin our preschool year with new adventures and ideas.

Dates to Remember:

Friday Sept. 5th
Parent/child walk through@ 2:00p.m.
Monday Sept. 8th
First day of school
Wednesday Sept. 17th
Meet the teacher night @ 7:30p.m.
Thursday Sept. 25th
School is closed Rosh Hashanah
Friday Sept. 26th
School is closed Rosh Hashanah

Registration for fall classes for CH members ONLY:

Zumba Kids Jr. - Saturday
September 6th @ 9:30am
Martial Arts - Saturday
September 6th @ 12:30pm
Water Aerobics, Tai Chi &
Adult Zumba - beginning
September 8th
Group swim lessons - beginning
September 15th

NOTICE:

**EFFECTIVE 10/1/14
MEMBERSHIP FEES WILL
INCREASE BY \$50.00
FOR ALL TYPES OF
SUBSCRIPTIONS**

SEPTEMBER POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CH CLOSED	2 NO POOL HOURS	3 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	4 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	5 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	6 6:30 - 11:00am Adult Lap 11:00-Noon Adult No Lap 1:00 - 5:30 pm Family Swim
8 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	9 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00-3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	10 SAME AS ABOVE	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE
15 SAME AS ABOVE	16 SAME AS ABOVE	17 SAME AS ABOVE	18 SAME AS ABOVE	19 SAME AS ABOVE	20 SAME AS ABOVE Pool closes at 4pm
22 SAME AS ABOVE	23 SAME AS ABOVE	24 SAME AS ABOVE	25 SAME AS ABOVE	26 SAME AS ABOVE	27 SAME AS ABOVE
29 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	30 SAME AS ABOVE				

CLASS SCHEDULES:

Adults only yoga

Tuesdays and Thursdays evenings
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:30-8:45 am

Family yoga

Saturday Mornings 8:45 am-9:30 am

Martial arts

Saturdays
4-5 year olds 12:30 pm

6-10 year olds 1:30 pm

6-10 year olds 2:30 pm

11 years & up 3:30 pm

Tai Chi Classes

Saturdays 4:30 pm - 5:30 pm

Water Aerobic Classes

Saturdays 11:00 am - 11:45 am

Zumba Classes

Mondays 7:30 pm

Zumba Kids Jr. Class

Children ages 4-6
Saturdays 9:45 - 10:30 am

Children ages 7-11

10:45 - 11:30 am

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CH CLOSED	2 CH OFFICE OPEN ONLY	3 POOL RE-OPENS 6AM	4 First day for the after school program	5	6 Martial Arts Registration Zumba Kids Jr. Registration
8 First day of CH Nursery School ZUMBA	9 PM Yoga	10 AM Yoga Over the Hill Basketball	11 PM Yoga	12	13 Zumba Kids Jr. Water Aerobics Martial Arts Tai Chi
15 Swim lesson registration for CH members ZUMBA	16 PM Yoga GYM CLOSED	17 AM Yoga GYM CLOSED	18 PM Yoga	19	20 Yoga Zumba Kids Jr. Water Aerobics Martial Arts Gym Closes at 3pm MEMBER'S BARBECUE 5PM
22 Swim lesson registration for non-CH members 7am ZUMBA	23 PM Yoga	24 AM Yoga Over the Hill Basketball	25 No After School PM Yoga	26 No After School	27 Yoga Zumba Kids Jr. Water Aerobics Martial Arts Tai Chi
29 ZUMBA	30 PM Yoga				



UPCOMING EVENTS

- October 6th - Women's Club General Meeting
- October 13th - CH closed
- Columbus Day
- October 18th - Taste of Forest Hills 2014
- October 20th - Women's Club - Board & Bridge
- November 3rd - Women's Club General Meeting
- November 4th - Election Day - No After school
- November 11th - Veteran's Day
- Women's Club Philanthropic Luncheon - No After school
- November 17th - Women's Club - Board & Bridge
- November 27th-29th - CH closed for Thanksgiving Holiday Weekend
- December 6th - CH Family Christmas