



The Community House • 15 Borage Place Forest Hills, NY 11375  
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG  
COMMUNITY HOUSE  
SERVING THE  
COMMUNITY FOR  
OVER 85 YEARS!**

15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771  
www.citgch.org

**OFFICE HOURS**

Monday-Friday 9am-9:00pm  
Saturday 9am-5:30pm

**EXECUTIVE COMMITTEE**

Mr. Jack Seng, Chairperson  
Mrs. Lily Zivkovic, Vice-Chairperson  
Mr. Joseph Keane, Past-Chairperson  
Mrs. Clotilde Eng, Treasurer  
Mrs. Mary O'Connell, Secretary

**COMMITTEE MEMBERS**

Mr. John Kinahan  
Mr. Edward Llerandi  
Mr. George Mauro  
Mrs. Shirley Moy  
Mrs. Randy St. Germain

Mrs. JoJo Serventi, Director

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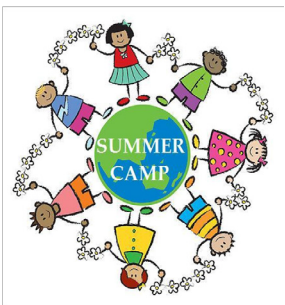


**CH  
ANNUAL  
MEMBER'S  
BARBECUE  
SATURDAY,  
SEPTEMBER  
26th  
5PM**

The CH annual Member's Barbecue will be held on Saturday, Sept. 26th at 5:00 pm. Come and join your fellow members and their families as our Executive Committee and our wonderful staff welcome you and your children. There will be plenty of fun and activities for all who attend. The Community House will once again supply "the meat" of the meal, we are asking members to bring beverages or desserts. This enjoyable day might be a great time to introduce any prospective members to our facility, so bring them as well.

Reservation forms are available on our website or at the CH office. Please complete and return to the CH office **no later** than Monday, September 21st. We are looking forward to seeing you there.

**Reservations will not be accepted after the 21st.**



A special thank you to all those families who participated in our Summer Program. We look forward to seeing you again next year. As always, we thank you for entrusting us with your children. They were a pleasure to have here at the Community House.

**Registration** for fall classes for CH members ONLY:  
Group swim lessons - beginning  
September 14th

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Adult Zumba - September 14th

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Hip Hop beginning  
September 14th

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Zumba Kids Jr. - Saturday  
September 19th @ 10:30am

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Martial Arts - Saturday  
September 19th @ 12:30pm

# FALL CLASSES AND CH NEWS



## Fall Swim Classes

Registration for fall swim lessons will begin on September 14th for CH members and September 21st for non CH members.

**Group swim lessons will begin on Monday, September 28th.**

**Pamper Paddlers will begin on Saturday, October 3rd**  
**Beyond level 5 classes will begin the week of September 28th**

**Call the CH office for more information or download a schedule from our website [www.citgch.org](http://www.citgch.org)**



**"Over the Hill"**  
**Men's Basketball**  
**Wednesday evenings**  
**7:15 pm**

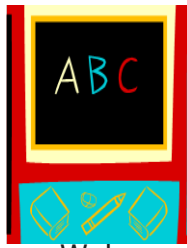
MARK YOUR  
 2015/2016  
 CALENDARS



September 26 -  
 CH Member's Barbecue  
 October 23 - CH Oktoberfest  
 December 5 - CH Family  
 Holiday Dinner Dance  
 December 12 - Men's Club  
 Christmas Dinner Dance  
 April 15 & 16 - Women's Club  
 Rehearsal & Guest Night

## Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



Welcome back to the CH after school program. The after school program will follow the NYC public school calendar and begin on September 9th. There will be NO after school on Monday & Tuesday September 14th & 15th. There will be NO after school on Wednesday & Thursday September 23rd & 24th. All medical and emergency contact forms are due by September 1st. Children will not be able to attend until all up-to-date forms are received. NO exceptions. We look forward to a very successful school year.

## The Garden Players

### Musical Theater for Kids at the Church-in-the-Gardens

Time to register for the Garden Players, an innovative musical theater acting and singing program for children 1st grade-9th grade. Betina Hershey and Sunny Knable will lead the group in improvisational exercises that encourage individuality and courageous self-expression, vocal exercises that strengthen the voice, and each class will study selections from a well known musical during the fall semester. During the second semester, the actors will work on an original, fully staged musical which they will perform May 21st and 22nd at the Community House. Tuesday & Friday Classes. Starting in February there will be weekend rehearsals on Sundays. Pre-register by mail or come in person on September 12th, 12:30-2pm and September 13th, 12:30-2pm in the Music Room at the Church-in-the-Gardens. Call Betina Hershey at 917-204-5647 or go to [gardenplayers.com](http://gardenplayers.com) for more information or to hold a spot



## From the Community House School

### Welcome

The summer is almost gone and we are so excited about the beginning of school. The staff can't wait to embark on a new school year with you and your family. Your child will have lots of learning opportunities that include learning to share; expressing his/her needs; separating from Mom and Dad; washing hands; climbing; developing fine motor skills; pretending; imagining; building; cleaning up toys; and using manners at the table. All this learning, while we are having fun every day!

### **The new school schedule:**

**Morning class 8:30-11:15a.m.**  
**Full day class 8:30-2:45p.m. Afternoon class 12:00-2:45p.m.**

### **Important dates:**

**September 11th**  
**Meet the teachers & tour the classroom 2:00-3:00p.m.**  
**September 16th**  
**First day of school**  
**September 23rd & September 24th**  
**School is closed**

"The Magic Fish" an Opera for Young Audiences by The Brothers Knable on Sunday, October 4, at 1:30 and 4pm. Music Reginae Productions present two performances of Jim and Sunny Knable's opera for Young Audiences "The Magic Fish" at The Community House. Based on The Brothers Grimm's "The Fisherman's Wife", The Magic Fish is an opera by The Brothers Knable performed by adults for audiences of children and well-behaved parents. The story revolves around the son of a fisherman who catches a magic fish who grants wishes-but will the family remember what is truly important? Or will they be swept away by their own greed? You'll just have to come to find out! Tickets are \$15 per seat and can be purchased at the door or in advance at [www.musicareginae.org](http://www.musicareginae.org)

# SEPTEMBER POOL SCHEDULE

Please follow the CH rules while using the pool!!  
**NO FOOD OR DRINKS IN THE POOL AREA!!**

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.  
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>CH CLOSED</b>	<b>2</b> <b>CH CLOSED</b>	<b>3</b> <b>CH CLOSED</b>	<b>4</b> <b>CH CLOSED</b>	<b>5</b> <b>CH CLOSED</b>
<b>7</b>  <b>CH CLOSED</b>	<b>8</b>  <b>NO POOL HOURS</b>	<b>9</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>10</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Lessons</b> 3:00 - 3:30 pm <b>Family Swim</b> 3:30 - 5:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>11</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 7:30 pm <b>Adult Lap</b> 7:30 - 9:15 pm	<b>12</b> <b>Adult Lap</b> 6:30 - 11:00am <b>Adult No Lap</b> 11:00-Noon <b>Family Swim</b> 1:00 - 5:30 pm
<b>14</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>15</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Lessons</b> 3:00 - 3:30 pm <b>Family Swim</b> 3:30 - 5:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>16</b> <b>SAME AS ABOVE</b>	<b>17</b> <b>SAME AS ABOVE</b>	<b>18</b> <b>SAME AS ABOVE</b>	<b>19</b> <b>SAME AS ABOVE</b>
<b>21</b> <b>SAME AS ABOVE</b>	<b>22</b> <b>SAME AS ABOVE</b>	<b>23</b> <b>SAME AS ABOVE</b>	<b>24</b> <b>SAME AS ABOVE</b>	<b>25</b> <b>SAME AS ABOVE</b>	<b>26</b> <b>SAME AS ABOVE</b>
<b>28</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm 8:00 - 9:15 pm	<b>29</b> <b>SAME AS ABOVE</b>	<b>30</b> <b>Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm		<b>NOTICE THE NEW FORMAT FOR POOL HOURS TYPE OF SWIM IN <b>BOLD</b> FOLLOWED BY THE TIMES</b>	

**CLASS SCHEDULES:**

**Adults only yoga**

Tuesdays and Thursdays evenings  
7:15-8:30 pm  
Wednesday Mornings 6:30-7:45 am  
Saturday Mornings 7:30-8:45 am

**Family yoga**

Saturday Mornings 8:45 am-9:30 am

**Hip Hop**

Ages 6 and up  
Friday evenings 7:00-8:00 pm

**Martial arts**

Saturdays  
4-5 year olds 12:30 pm  
6-10 year olds 1:30 pm  
6-10 year olds 2:30 pm  
11 years & up 3:30 pm

**Zumba Classes**

Mondays 7:30 pm

**Zumba Kids Jr. Class**

Saturdays 10:45 - 11:30 am

# Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> CH CLOSED	<b>2</b> CH CLOSED	<b>3</b> CH CLOSED	<b>4</b> CH CLOSED	<b>5</b> CH CLOSED
<b>7</b> CH CLOSED	<b>8</b> CH OFFICE OPEN ONLY  PM Yoga	<b>9</b> POOL RE-OPENS <b>6AM</b> First day for the after school program AM Yoga Over the Hill Basketball	<b>10</b>  PM Yoga	<b>11</b>	<b>12</b>
<b>14</b> NO AFTER SCHOOL Swim lesson registration for CH members	<b>15</b> NO AFTER SCHOOL  PM Yoga	<b>16</b>  First day of CH Nursery School  AM Yoga	<b>17</b>  PM Yoga	<b>18</b>  Hip Hop	<b>19</b> Yoga
<b>21</b> Swim lesson registration for non-CH members 7am  ZUMBA	<b>22</b>  PM Yoga	<b>23</b> No After School AM Yoga Over the Hill Basketball	<b>24</b>  No After School PM Yoga	<b>25</b>  Hip Hop	<b>26</b> Yoga Zumba Kids Jr. Martial Arts Gym Closes at 3pm MEMBER'S BARBECUE 5PM
<b>28</b>  ZUMBA	<b>29</b>  PM Yoga	<b>30</b>			



**UPCOMING EVENTS**

October 5th - Women's Club  
General Meeting  
October 12th - CH closed  
Columbus Day  
October 19th - Women's Club -  
Board & Bridge  
October 23rd - CH Members  
Oktoberfest  
November 2nd - Women's Club  
General Meeting  
November 3rd - Election Day -  
No After school  
November 11th - Veteran's Day  
Women's Club Philanthropic  
Luncheon - No After school  
November 16th - Women's Club -  
Board & Bridge  
November 26th-29th - CH closed  
for Thanksgiving Holiday Weekend  
December 5th - CH Family  
Christmas