



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS

Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE

Mr. Jack Seng, Chairperson
Mr. George Mauro, Vice-Chairperson
Mrs. Lily Zivkovic, Past-Chairperson
Mrs. Clotilde Eng, Treasurer
Mrs. Mary O'Connell, Secretary

COMMITTEE MEMBERS

Mr. Joseph Keane
Mr. John Kinahan
Mr. Edward Llerandi
Mrs. Shirley Moy
Mrs. Randy St. Germain

Mrs. JoJo Serventi, Director

INSIDE THIS ISSUE

2016 SUMMER PROGRAM
FAMILY KARAOKE NIGHT

CH NEWS/CLASSES
CH SCHOOL NEWS

FEBRUARY POOL SCHEDULE

FEBRUARY CALENDAR
UPCOMING EVENTS
POOL REGULATIONS



**Friday, February 26th 7 - 9pm
CH Family Members
Snacks & Beverages
Reservations Required
Reply to jenny@citgch.org**

REGISTER NOW



The Community House is offering a 7-week Summer Program beginning July 5th and ending August 19th.



The CH Summer Program has proven to be a wonderful experience for children and counselors alike.

Daily hours are 8:30 am - 4:00 pm
Early drop off (8:00 am) & Extended Care (4:00 pm - 6:00 pm)

Kinder Program for Grades pre-K and K
Junior Program for Grades 1 through 6
CIT Program for CH member students who have completed grades 7 or 8

Applications are available NOW at the CH Office or you can download one at www.citgch.org

Register early to assure a place for your child.
Orientation June 14th at 7pm

CLASSES AND CH NEWS

Swim Classes



There is still limited availability in some of the winter swim classes. Call the CH office for more information.



"Over the Hill"
Men's Basketball
Wednesday evenings
7:15 pm

The CITG is sponsoring a blood drive on Sunday, March 6. For more information call the church office at 718-268-6704



MARK YOUR
2015
CALENDARS

April 15 & 16 - Women's Club Rehearsal & Guest Night
September 24 - CH Members' Barbecue
November 28 - Decorate CH
December 3 - CH Family Christmas Dinner Dance
December 10 - Men's Club Christmas Dinner Dance



The after school program follows the NYC public school calendar therefore there will be NO AFTER SCHOOL on Monday, February 8th and Monday February 15th through Friday, February 19th

NOTICE TO ALL MEMBERS
Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, the classes will then have to be canceled.

Saturday morning soccer clinic

11:30 am-12:30 pm
for children
ages 5-10
2/6, 2/13, 2/20, 2/27
3/5, 3/12, 3/19, 3/26
Classes will remain as scheduled based on enrollment size.

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



From the Community House School

We at the Community House School hope that everyone is safe and warm this winter. This month, we will be visited by Dr. Larsen a pediatric dentist. This presentation will teach our children about the proper care of teeth and gums.

In addition to our fun-filled curriculum we will celebrate the Lunar New Year with participation from many of our moms from the various classes.

Of course we will also be celebrating Valentine's Day and they will be learning about two of our past presidents whose birthdays we celebrate this month. We look forward to a busy February.

Dates to Remember

Wednesday, February 3rd
Dentist Visit
Thursday, February 4th PA Meeting @ 7:30p.m.
Friday, February 5th Lunar New Year Celebration
Friday, February 12th Dress in Red for Valentine's Day Celebration
Monday, February 15th - Friday, February 19th School is closed for Winter Break



FEBRUARY POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	2 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Lessons 3:00 - 3:30 pm Family Swim 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	3 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	4 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Lessons 3:00 - 3:30 pm Family Swim 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	5 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:30 pm Family Swim 6:30 - 7:30 pm Adult Lap 7:30 - 9:15 pm	6 Adult Lap 6:30 - 10:30am Adult No Lap 10:30 - 11:00am Water Aerobics 11:00am-11:45am Family Swim 1:00 - 5:30pm
8 SAME AS ABOVE	9 SAME AS ABOVE	10 SAME AS ABOVE	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE
15 CH CLOSED	16 SAME AS ABOVE	17 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	18 SAME AS ABOVE	19 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 7:30 pm Adult Lap 7:30 - 9:15 pm	20 SAME AS ABOVE
22 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	23 SAME AS ABOVE	24 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	25 SAME AS ABOVE	26 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:30 pm Family Swim 6:30 - 7:30 pm Adult Lap 7:30 - 9:15 pm	27 SAME AS ABOVE

CLASS SCHEDULES:

Adults only yoga

Tuesdays and Thursdays evenings
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:30-8:45 am

Family yoga

Saturday Mornings 8:45-9:30 am

Hip Hop

Children ages 6 and up

Friday evenings 7:00-8:00 pm

Martial arts

Saturdays

4-5 year olds 12:30 pm

6-10 year olds 1:30 pm

6-10 year olds 2:30 pm

11 years & up 3:30 pm

Soccer clinic Saturdays

Ages 5-10 11:30 am - 12:15 pm

Water Aerobics

Saturday mornings 11:00-11:45am

Zumba Class

Mondays 7:30 pm

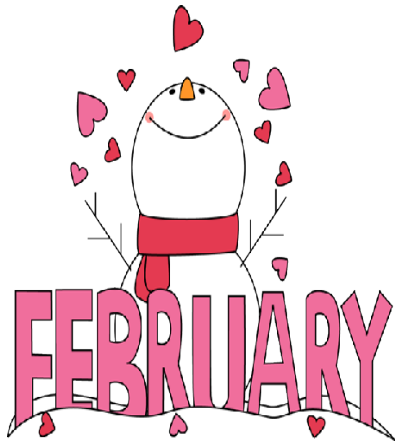
Zumba Kids Jr. Class

Children ages 4-11

Saturdays 9:45 - 10:30 am

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.



UPCOMING EVENTS

- March 6 - CITG Blood Drive
- March 7 - Women's Club General Meeting
- March 12 - Men's Club Dance
- March 14 - Swim registration for CH Members
- March 21 - Women's Club Board & Bridge
- March 25 - CH Closed (Good Friday)
- April 4 - Women's Club General Meeting and Men's Club NCAA finals
- April 15 & 16 - Women's Club Rehearsal & Guest Night
- April 18 - Women's Club Board & Bridge
- April 25 through 29 - Spring break No After School
- April 26 - Women's Club Floral Luncheon

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Women's Club General Meeting Zumba	2 PM Yoga	3 AM Yoga Over the Hill Basketball	4 PM Yoga	5	6 Yoga Water Aerobics Soccer Clinic Martial Arts
8 Zumba	9 PM Yoga	10 AM Yoga Over the Hill Basketball	11 PM Yoga	12 Hip Hop	13 Yoga Zumba Kids Water Aerobics Soccer Clinic Martial Arts
15 CH CLOSED	16 PM Yoga	17 AM Yoga Over the Hill Basketball	18 PM Yoga	19 Hip Hop	20 Yoga Zumba Kids Water Aerobics Soccer Clinic Martial Arts
22 Women's Club Board & Bridge Zumba	23 PM Yoga	24 AM Yoga Over the Hill Basketball	25 PM Yoga	26 Hip Hop	27 Yoga Water Aerobics Soccer Clinic Martial Arts
29 Zumba					