



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS
Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE
Mr. Jack Seng, Chairperson
Mr. George Mauro, Vice-Chairperson
Mrs. Lily Zivkovic, Past-Chairperson
Mrs. Clotilde Eng, Treasurer
Mrs. Mary O'Connell, Secretary

COMMITTEE MEMBERS
Mr. Joseph Keane
Mr. John Kinahan
Mr. Edward Llerandi
Mrs. Shirley Moy
Mrs. Randy St. Germain

Mrs. JoJo Serventi, Director

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ADVANCE NOTICE POOL SCHEDULE for July 5 through August 19

**Morning Adult Lap swim
will end at 10:15 AM
Monday through Friday

**Adult No Lap will be from
1:30PM - 2PM ONLY
Monday through Friday

**Afternoon Family Swim
will be 3PM - 4PM on
Monday through Thursday
and
3:30PM - 7:30PM
on Friday

**The evening pool hours
and Saturday pool hours
will not be effected!
These changes are
necessary to
accommodate the
Summer Program.**

CH SUMMER PROGRAM

There is still some availability in certain groups and weeks for the summer program. Call the CH office for more information.

Orientation night for registered campers Tuesday, June 14th at 7pm in the CH Gym & Smith Hall

The CH will be hosting a Comedy Night on Saturday, October 15th to benefit QSAC (Quality Services for the Autism Community)

More information will be made available during the summer. Make sure you save the date!

CLASSES AND CH NEWS

Summer Swimming



Registration for the summer session of swim lessons will begin on Monday, June 13th for CH members. Classes start the week of July 11th.

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



MARK YOUR
2016
CALENDARS

September 24 - CH Members' Barbecue
October 15 - Comedy Night at the CH
November 28 - Decorate CH
December 3 - CH Family Christmas Dinner Dance
December 10 - Men's Club Christmas Dinner Dance



AFTER SCHOOL PROGRAM
All after school fees must be paid in full by June 1st

The after school program follows the NYC Board of Education calendar.

There will be NO After school on Thursday, June 9th or Tuesday, June 14th



"Over the Hill"
Men's Basketball
Wednesday evenings
7:15 pm

**SUMMER CAMP
ORIENTATION
TUESDAY,
JUNE 14th
7PM**



From the Community House School

Now that summer vacation is just around the corner, we at the Community House School are preparing for our "Stepping-Up Day" exercises. The students are eagerly practicing their songs for this big day. The show is scheduled for 9:00 a.m. on June 24th. We want to wish all the dads a very Happy Father's Day.

The students and staff at the Community House School wish everyone a healthy and happy summer. See you in September.

Dates to Remember:

June 1st: Trip to Young Chefs Academy for the Caterpillar Class.
June 10th: Father's Day celebration in the Butterfly & Caterpillar Classes.
June 24th: Stepping Up Day & End of year party.

NOTICE TO ALL MEMBERS

Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, the classes will then have to be canceled.

JUNE POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	2 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Lessons 3:00 - 3:30 pm Family Swim 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	3 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:30 pm Family Swim 6:30 - 7:30 pm Adult Lap 7:30 - 9:15 pm	4 Adult Lap 6:30 - 10:30am Adult No Lap 10:30 - 11:00am Water Aerobics 11:00 - 11:45am Family Swim 1:00 - 5:30pm
6 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Family Swim 3:00 - 4:00 pm Lessons 4:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	7 Adult Lap 6:00 am - 1:00 pm Adult No Lap 1:00 - 2:00 pm Lessons 3:00 - 3:30 pm Family Swim 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 7:00 - 8:00 pm Adult Lap 8:00 - 9:15 pm	SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE
SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE	18 Adult Lap 6:30 - 10:30am Adult No Lap 10:30 - 12:00pm Family Swim 1:00 - 5:30pm
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SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE	SAME AS ABOVE		

CLASS SCHEDULES:

Adults only yoga

Tuesdays and Thursdays evenings
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:30-8:45 am

Family yoga

Saturday Mornings 8:45-9:30 am

Hip Hop

Children ages 6 and up

Friday evenings 7:00-8:00 pm

Martial arts

Saturdays

4-5 year olds 12:30 pm

6-10 year olds 1:30 pm

6-10 year olds 2:30 pm

11 years & up 3:30 pm

Water Aerobics

Saturday mornings 11:00-11:45am

Zumba Kids Jr. Class

Children ages 4-11

Saturdays 9:45 - 10:30 am

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.



UPCOMING EVENTS

July 5 - First Day for CH Summer Camp

July 11 - Summer swim lessons begin

August 19 - Last day for CH Summer Camp

August 20 - Sept 5 CH will be closed for its annual building maintenance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 AM Yoga Over the Hill Basketball	2 PM Yoga	3 Hip Hop	4 Yoga Water Aerobics Zumba Kids Martial Arts
6	7 PM Yoga	8 AM Yoga Over the Hill Basketball	9 NO AFTER SCHOOL PM Yoga	10 Hip Hop	11 Yoga Water Aerobics Zumba Kids Martial Arts
13 CH Member Swim registration for the summer session	14 No After School Summer Camp Orientation 7:00 pm	15 AM Yoga Over the Hill Basketball	16 PM Yoga	17 Hip Hop	18 Yoga Zumba Kids Martial Arts
20 Registration for non members of the CH for summer swim lessons	21	22 Over the Hill Basketball	23	24 Last day for CH Nursery School	25 Zumba Kids Martial Arts
27 Last day for the CH After School Program	28 PM Yoga	29 AM Yoga Over the Hill Basketball	30 PM Yoga		