



The Community House • 15 Borage Place Forest Hills, NY 11375  
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG  
COMMUNITY HOUSE  
SERVING THE  
COMMUNITY FOR  
OVER 85 YEARS!**

15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771  
www.citgch.org

**OFFICE HOURS**  
Monday-Friday 9am-9:00pm  
Saturday 9am-5:30pm

**EXECUTIVE COMMITTEE**  
Mr. Jack Seng, Chairperson  
Mr. George Mauro, Vice-Chairperson  
Mrs. Lily Zivkovic, Past-Chairperson  
Mrs. Clotilde Eng, Treasurer  
Mrs. Mary O'Connell, Secretary

**COMMITTEE MEMBERS**  
Mr. Joseph Keane  
Mr. John Kinahan  
Mr. Edward Llerandi  
Mrs. Randy St. Germain  
Mr. Robert Webb

Mrs. JoJo Serventi, Director

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### ADVANCE NOTICE POOL SCHEDULE for July 3 through August 18

**Morning Adult Lap swim  
will end at 10:15 AM  
Monday through Friday  
\*\*\*\*\***

**Adult No Lap will be from  
1:30PM - 2PM ONLY  
Monday through Friday  
\*\*\*\*\***

**Afternoon Family Swim  
will be 3PM - 4PM on  
Monday through Thursday  
and  
3:30PM - 7:30PM  
on Friday  
\*\*\*\*\***

**The evening pool hours  
and Saturday pool hours  
will not be effected!  
These changes are  
necessary to  
accommodate the  
Summer Program.**

## CH SUMMER PROGRAM begins on Monday July 3rd!

## Orientation night for registered campers is Monday, June 12th at 7pm in the CH Gym & Smith Hall

The CH will once again be hosting a  
Comedy Night on Saturday, November 4th  
to benefit QSAC  
(Quality Services for the Autism Community)

More information will be made available during  
the summer. Make sure you save the date!

# CLASSES AND CH NEWS

## Summer Swimming



Registration for the summer session of swim lessons will begin on Monday, June 12th for CH members

Classes start the week of July 10th

### Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



MARK YOUR  
2017  
CALENDARS

September 23 -  
CH Members' Barbecue

November 4 - Comedy  
Night at the CH

November 27-Decorate CH

December 2 - CH Family

Christmas Dinner Dance

December 9 - Men's Club

Christmas Dinner Dance



## AFTER SCHOOL PROGRAM



All after school fees must be paid in full by June 1st The after school program follows the NYC Board of Education calendar.

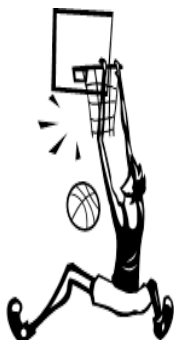
There will be NO after school on:

Thursday, June 8th

Monday, June 12th or

Monday, June 26th

Last day of after school will be Tuesday, June 27th



"Over the Hill"  
Men's  
Basketball  
Wednesday  
evenings  
7:15 pm

**SUMMER CAMP  
ORIENTATION  
MONDAY,  
JUNE 12th  
7PM**



## From the Community House School

We want to wish all the dads a very Happy Father's Day. We are hosting a special celebration for the dads of the Butterflies and Caterpillars class called Donuts with Dad. Summer vacation is almost here and the Community House School s preparing their songs for this big day. The show is scheduled for 9:00a.m. on June 23rd. The students and staff at the Community House School wish everyone a healthy and happy summer. See you in September.

Dates to Remember:  
June 16th: Father's Day celebration in the Butterfly & Caterpillar Classes.  
June 23rd: End of year show & party.

### NOTICE TO ALL MEMBERS

Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, the classes will then have to be canceled.

# JUNE POOL SCHEDULE

Please follow the CH rules while using the pool!!  
**NO FOOD OR DRINKS IN THE POOL AREA!!**

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

**SAVE WATER - Remember to turn off the showers.**  
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Lessons</b> 3:00 - 3:30 pm <b>Family Swim</b> 3:30 - 5:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>2 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:30 pm <b>Family Swim</b> 6:30 - 7:30 pm <b>Adult Lap</b> 7:30 - 9:15 pm	<b>3 Adult Lap</b> 6:30 - 10:30am <b>Adult No Lap</b> 10:30 - 11:00am <b>Water Aerobics</b> 11:00 - 11:45am <b>Pamper Paddlers</b> 12:00 - 1:30 pm <b>Family Swim</b> 1:00 - 5:30pm
<b>5 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>6 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Lessons</b> 3:00 - 3:30 pm <b>Family Swim</b> 3:30 - 5:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>7 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>8</b> SAME AS ABOVE	<b>9</b> SAME AS ABOVE	<b>10</b> SAME AS ABOVE
<b>12</b> SAME AS ABOVE	<b>13 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Lessons</b> 3:00 - 3:30 pm <b>Family Swim</b> 3:30 - 5:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>14 Adult Lap</b> 6:00 am - 1:00 pm <b>Adult No Lap</b> 1:00 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>15</b> SAME AS ABOVE	<b>16</b> SAME AS ABOVE	<b>17 Adult Lap</b> 6:30 - 10:30am <b>Adult No Lap</b> 10:30 - 12:00pm <b>Family Swim</b> 1:00 - 5:30pm
<b>19</b> SAME AS ABOVE	<b>20</b> SAME AS ABOVE	<b>21</b> SAME AS ABOVE	<b>22</b> SAME AS ABOVE	<b>23</b> SAME AS ABOVE	<b>24</b> SAME AS ABOVE
<b>26</b> SAME AS ABOVE	<b>27</b> SAME AS ABOVE	<b>28</b> SAME AS ABOVE	<b>29</b> SAME AS ABOVE	<b>30</b> SAME AS ABOVE	

**CLASS SCHEDULES:**

**Adults only yoga**

Tuesdays and Thursdays evenings  
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am  
(suspended)

Saturday Mornings 7:30-8:45 am

**Family yoga**

Saturday Mornings 8:45-9:30 am

**Martial arts**

Saturdays

4-5 year olds 1:00 pm

6-10 year olds 2:00 pm

6-10 year olds 3:00 pm

11 years & up 4:00 pm

**Water Aerobics**

Saturday mornings 11:00-11:45am

**Zumba Kids Jr. Class**

**(suspended)**

Children ages 4-11

Saturdays 9:45 - 10:30 am

# Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in the pool is **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.



**UPCOMING EVENTS**

July 3 - First Day for CH Summer Camp

July 10 - Summer swim lessons begin

August 18 - Last day for CH Summer Camp

August 19 - Sept 4 CH will be closed for its annual building maintenance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>  PM Yoga	<b>2</b>	<b>3</b>  Yoga Water Aerobics Martial Arts
<b>5</b>  Zumba	<b>6</b>  PM Yoga	<b>7</b>  Over the Hill Basketball	<b>8</b> NO AFTER SCHOOL  PM Yoga	<b>9</b>	<b>10</b>  Yoga Water Aerobics Martial Arts
<b>12</b> CH Member Swim registration for the summer session NO AFTER SCHOOL  Summer Camp Orientation 7:00 pm	<b>13</b>  PM Yoga	<b>14</b>  Over the Hill Basketball	<b>15</b>  PM Yoga	<b>16</b>	<b>17</b>  Yoga Martial Arts
<b>19</b> Registration for non members Zumba	<b>20</b>  PM Yoga	<b>21</b>  Over the Hill Basketball	<b>22</b>  NO YOGA	<b>23</b>  Last day for CH Nursery School	<b>24</b>  Yoga Martial Arts
<b>26</b>  Zumba	<b>27</b> Last day for the CH After School Program  PM Yoga	<b>28</b>  Over the Hill Basketball	<b>29</b>  PM Yoga	<b>30</b>	