



The Community House • 15 Borage Place Forest Hills, NY 11375  
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG  
COMMUNITY HOUSE  
SERVING THE  
COMMUNITY FOR  
OVER 85 YEARS!**

15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771  
www.citgch.org

**OFFICE HOURS**  
Monday-Friday 9am-9:00pm  
Saturday 9am-5:30pm

**EXECUTIVE COMMITTEE**  
Mr. Jack Seng, Chairperson  
Mr. George Mauro, Vice-Chairperson  
Mrs. Lily Zivkovic, Past-Chairperson  
Mrs. Clotilde Eng, Treasurer  
Mrs. Mary O'Connell, Secretary

**COMMITTEE MEMBERS**  
Mr. Joseph Keane  
Mr. John Kinahan  
Mr. Edward Llerandi  
Mrs. Randy St. Germain  
Mr. Robert Webb

Mrs. JoJo Serventi, Director

**INSIDE THIS ISSUE**  
MEMBER'S BARBECUE

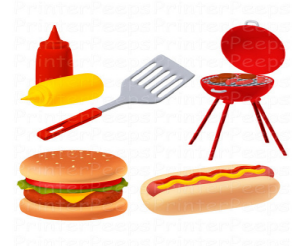
CH NEWS/FALL CLASSES  
AFTER SCHOOL NEWS  
CH SCHOOL NEWS  
MARK YOUR 2017-18  
CALENDARS

SEPTEMBER POOL SCHEDULE

SEPTEMBER CALENDAR  
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POOL REGULATIONS

## CH Member's Barbecue Saturday, September 23rd 5pm

### Reservations Required



The CH annual Member's Barbecue will be held on Saturday, September 23rd at 5:00 pm. Come and join your fellow members and their families as our Executive Committee and our wonderful staff welcome you and your children. There will be plenty of fun and activities for all who attend. The Community House will once again supply "the meat" of the meal, we are asking members to bring beverages or desserts. Reservation forms will be sent via e-mail and are also available at the CH office. Please complete and return to the CH office **no later** than Monday, September 18th. We are looking forward to seeing you there.

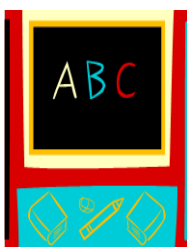
**Reservations will not be accepted after the 18th.**

# FALL CLASSES AND CH NEWS



## Fall Swim Classes

Registration for fall swim lessons will begin on September 11th for CH members and September 18th for non CH members.



Welcome back to the CH after school program. The after school program will follow the NYC public school calendar and begin on Thursday, September 7th.

There will be NO after school on Thursday & Friday, September 21st & 22nd. All medical and emergency contact forms are due by September 1st. Children will not be able to attend until all up-to-date forms are received. NO exceptions.

Group swim lessons will begin on Monday, September 25th.  
Pamper Paddlers will begin on Saturday, October 7th  
Beyond level 5 classes will begin the week of September 25th  
Call the CH office for more information or download a schedule from our website [www.citgch.org](http://www.citgch.org)



"Over the Hill"  
Men's  
Basketball  
Wednesday  
evenings  
7:15 pm

MARK YOUR  
2017/2018  
CALENDARS



September 23 -  
CH Member's Barbecue  
November 4 - Comedy Night  
December 2 - CH Family  
Holiday Dinner Dance  
December 9 - Men's Club  
Christmas Dinner Dance  
April 27 & 28 - Women's Club  
Rehearsal & Guest Night

**Parking Rules**  
Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.

## The Garden Players

### Musical Theater for Kids at the Church-in-the-Gardens

Time to register for the Garden Players, an innovative musical theater acting and singing program for children 1st grade-9th grade. Betina Hershey and Sunny Knable lead the group in improvisational exercises that encourage individuality and courageous self-expression, vocal exercises that strengthen the voice, and each class will study selections from a well known musical during the first semester. During the second semester, the actors work on an original, fully staged musical which they will perform May 19th and 20th at the Community House. Tuesday & Friday Classes. Starting in February there will be weekend rehearsals on Sundays sometime between the hours of 1-5pm. Pre-register by mail or come in person on September 10th 12:30-2:30pm in the Music Room at the Church-in-the-Gardens. Contact Betina Hershey at 917-204-5647, [gardenplayerstheater@gmail.com](mailto:gardenplayerstheater@gmail.com), or go to [www.gardenplayers.com](http://www.gardenplayers.com)

**SAVE THE DATE  
SATURDAY  
NOVEMBER 4th**

**Adults Only  
Comedy Night at the  
CH to benefit QSAC  
(Quality Services  
for the Autism  
Community)**

**Tickets  
available on-line  
ONLY through QSAC  
Do not miss out,  
purchase your  
tickets early!**

Registration for fall classes for CH members ONLY:

Group swim lesson registration begins September 11th  
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Adult Zumba registration begins September 11th  
\*\*\*\*\*

Art Class registration will begin the week of September 11th  
\*\*\*\*\*

Martial Arts registration Saturday, September 16th @ 1:00pm  
\*\*\*\*\*

Zumba Kids registration Saturday, September 23rd @ 10:00am

**The Community House  
Nursery School Office opens  
September 7th**

# SEPTEMBER POOL SCHEDULE

Please follow the CH rules while using the pool!!  
**NO FOOD OR DRINKS IN THE POOL AREA!!**

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

**SAVE WATER - Remember to turn off the showers.**  
 Kindly keep our locker rooms clean...Thank you!!

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|---|---|---|--|---|---|
|   |   |   |  | <b>1</b><br><b>CH CLOSED</b>  | <b>2</b><br><b>CH CLOSED</b>  |
| <b>4</b><br><br><b>CH CLOSED</b>  | <b>5</b><br><br><b>NO POOL HOURS</b>  | <b>6</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 6:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm                                      | <b>7</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Lessons</b><br>3:00 - 3:30 pm<br><b>Family Swim</b><br>3:30 - 5:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm | <b>8</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 7:30 pm<br><b>Adult Lap</b><br>7:30 - 9:15 pm  | <b>9</b><br><b>Adult Lap</b><br>6:30 - 11:00am<br><b>Adult No Lap</b><br>11:00-Noon<br><b>Family Swim</b><br>1:00 - 5:30 pm |
| <b>11</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 6:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm                                     | <b>12</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Lessons</b><br>3:00 - 3:30 pm<br><b>Family Swim</b><br>3:30 - 5:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm | <b>13</b><br><b>SAME AS ABOVE</b>   | <b>14</b><br><b>SAME AS ABOVE</b>  | <b>15</b><br><b>SAME AS ABOVE</b>   | <b>16</b><br><b>SAME AS ABOVE</b>   |
| <b>18</b><br><b>SAME AS ABOVE</b>   | <b>19</b><br><b>SAME AS ABOVE</b>   | <b>20</b><br><b>SAME AS ABOVE</b>   | <b>21</b><br><b>SAME AS ABOVE</b>  | <b>22</b><br><b>SAME AS ABOVE</b>   | <b>23</b><br><b>SAME AS ABOVE</b>   |
| <b>25</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 4:00 pm<br><b>Lessons</b><br>4:00 - 6:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm | <b>26</b><br><b>SAME AS ABOVE</b>   | <b>27</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 4:00 pm<br><b>Lessons</b><br>4:00 - 6:00 pm<br><b>Family Swim</b><br>7:00 - 8:00 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm | <b>28</b><br><b>SAME AS ABOVE</b>  | <b>29</b><br><b>Adult Lap</b><br>6:00 am - 1:00 pm<br><b>Adult No Lap</b><br>1:00 - 2:00 pm<br><b>Family Swim</b><br>3:00 - 4:00 pm<br><b>Lessons</b><br>4:00 - 6:30 pm<br><b>Family Swim</b><br>6:30 - 7:30 pm<br><b>Adult Lap</b><br>8:00 - 9:15 pm | <b>30</b><br><b>SAME AS ABOVE</b>   |

**CLASS SCHEDULES:**

**Adults only yoga**

Tuesday and Thursday evenings  
7:15-8:30 pm  
Saturday Mornings 7:30-8:45 am

**Family yoga**

Saturday Mornings 8:45 am-9:30 am

**Art Classes:**

Saturday Mornings 11 am-12:00 pm  
CH member children ages 5-11

**Martial arts**

Saturdays  
4-5 year olds 1:00 pm  
6-10 year olds 2:00 pm  
6-10 year olds 3:00 pm  
11 years & up 4:00 pm

**Zumba Classes (Adults)**

Mondays 7:30 pm

**Zumba Kids Jr. Class**

Saturdays 10:00 - 10:45 am

# Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.



**UPCOMING EVENTS**

October 2nd - Women's Club - Board & Bridge  
 October 9th - CH Closed Columbus Day  
 October 16th - Women's Club - Board & Bridge  
 November 4th - Comedy Night  
 November 6th - Women's Club General Meeting  
 November 7th - Election Day - No After school  
 Women's Club Philanthropic Luncheon  
 November 20th - Women's Club - Board & Bridge  
 November 23rd-26th - CH closed for Thanksgiving Holiday Weekend  
 November 27th - Decorate the CH for the Holidays  
 December 2nd - CH Family Christmas  
 December 9th - Men's Club Christmas Dinner Dance

| MONDAY   | TUESDAY                              | WEDNESDAY  | THURSDAY  | FRIDAY                           | SATURDAY   |
|--|--------------------------------------|--|---|----------------------------------|--|
|  |                                      |  |   | <b>1<br/>CH<br/>CLOSED</b>       | <b>2<br/>CH<br/>CLOSED</b>   |
| <b>4<br/>CH<br/>CLOSED</b>   | <b>5<br/>CH OFFICE<br/>OPEN ONLY</b> | <b>6<br/>POOL<br/>RE-OPENS<br/>6AM</b><br><br>Over the Hill Basketball | <b>7<br/>First day<br/>for the after<br/>school<br/>program</b> | <b>8</b>                         | <b>9</b>   |
| <b>11</b><br>First day of CH Nursery School<br><br>Swim lesson registration for CH members<br>Adult Zumba registration | <b>12</b><br><br>PM Yoga             | <b>13</b><br><br>Over the Hill Basketball                              | <b>14</b><br><br>PM Yoga  | <b>15</b>                        | <b>16</b><br>Yoga<br>Art Class<br>Martial Arts registration  |
| <b>18</b><br>Swim lesson registration for non-CH members 7am<br><br>Zumba  | <b>19</b><br><br>PM Yoga             | <b>20</b><br><br>Over the Hill Basketball                              | <b>21</b><br><br>NO AFTER SCHOOL<br><br>PM Yoga                 | <b>22</b><br><br>NO AFTER SCHOOL | <b>23</b><br>GYM CLOSED<br>Yoga<br>Art Class<br>Zumba Kids registration<br>Martial Arts<br>MEMBER'S BARBECUE 5PM |
| <b>25</b><br>Women's Club General Meeting  | <b>26</b><br><br>PM Yoga             | <b>27</b><br><br>Over the Hill Basketball                              | <b>28</b><br><br>PM Yoga  | <b>29</b>                        | <b>30</b><br>Yoga<br>Zumba Kids<br>Martial Arts  |