



# THE CHATTER

SUMMER  
2017

The Community House • 15 Borage Place Forest Hills, NY 11375  
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG  
COMMUNITY HOUSE  
SERVING THE  
COMMUNITY FOR  
OVER 85 YEARS!**

15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771  
www.citgch.org

**OFFICE HOURS**

Monday-Friday 9am-9:00pm  
Saturday 9am-5:30pm

**EXECUTIVE COMMITTEE**

Mr. Jack Seng, Chairperson  
Mr. George Mauro, Vice-Chairperson  
Mrs. Lily Zivkovic, Past-Chairperson  
Mrs. Clotilde Eng, Treasurer  
Mrs. Mary O'Connell, Secretary

**COMMITTEE MEMBERS**

Mr. Joseph Keane  
Mr. John Kinahan  
Mr. Edward Llerandi  
Mrs. Randy St. Germain  
Mr. Robert Webb

Mrs. JoJo Serventi, Director

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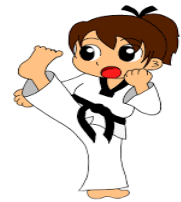
Fall Class schedules will be available by late August. Information will be posted on our website [www.citgch.org](http://www.citgch.org)



*Zumba Kids*



*Sports Clinics*



*Yoga*

*Swim Classes*



*Art Classes*



*Martial Arts*

## SUMMER CLOSING

The Community House will be closed beginning Saturday, August 19th and will re-open Tuesday, September 5th.

The pool will re-open September 6th at 6:00 am. During this time period the building will undergo its annual maintenance.

**Have a safe & exciting summer!**

# CLASSES AND CH NEWS

## Summer Swim Classes



There is availability in some of the swim classes. Call the CH office for more information.

### Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.



"Over the Hill"  
Men's Basketball  
Wednesday evenings  
7:15 pm

## Summer Schedule

July 5, 12, 19, 26  
August 2, 9, 16



MARK YOUR  
2017  
CALENDARS

September 23 -  
CH Members' Barbecue  
November 4 - Comedy Night  
November 27-Decorate the  
CH for the Holidays  
December 2 - CH Family  
Christmas Dinner Dance  
December 9 - Men's Club  
Christmas Dinner Dance



The CH After School Program will begin on Thursday September 7th.

## SUMMER POOL SCHEDULE

for July 3 through August 18

Morning Adult Lap swim  
will end at 10:15 AM  
Monday through Friday  
\*\*\*\*\*

Adult No Lap will be from  
1:30PM - 2PM ONLY  
Monday through Friday  
\*\*\*\*\*

Afternoon Family Swim  
will be 3PM - 4PM on  
Monday through Thursday  
and  
3:30PM - 7:30PM on  
Fridays  
\*\*\*\*\*

The evening pool hours and  
Saturday pool hours  
will not be effected!  
These changes are necessary  
to accommodate the  
Summer Program

### NOTICE TO ALL MEMBERS

Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, the classes will then have to be canceled.



## From the Community House School

The CH School office opens Thursday, September 7th. The first day of school is Monday, September 11th

For information on Nursery School availability email Miss Wendy  
wgreenberg@citgch.org

## Yoga Classes (Limited # of Classes)

### Tuesdays

July 11, 18  
August 8, 15

### Thursdays

July 6, 13, 20  
August 17

### Saturdays

July 8, 15, 22, 29

## Martial Arts Classes

Saturdays

July 8, 15, 22, 29  
August 5, 12

## Art Classes

Saturdays

July 8, 15, 22, 29  
August 5

## Adult Zumba classes

Mondays

July 10, 17, 24, 31  
August 7, 14

# JULY & AUGUST POOL SCHEDULE

Please follow the CH rules while using the pool!!  
**NO FOOD OR DRINKS IN THE POOL AREA!!**

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

**SAVE WATER - Remember to turn off the showers. Kindly keep our locker rooms clean...Thank you!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> <b>Adult Lap</b> 6:30 am - 11:30 am <b>Adult No Lap</b> 11:30 am - Noon <b>Water Aerobics</b> 12:00 pm - 12:45 pm <b>Family Swim</b> 1:00 - 5:30 pm
<b>3</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>4</b> <p style="text-align: center;"><b>CH CLOSED</b></p>	<b>5</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>6</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>7</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 7:30 pm <b>Adult Lap</b> 7:30 - 9:15 pm	<b>8</b> <p style="text-align: center;">SAME AS ABOVE</p>
<b>10</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>11</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Pamper Paddlers</b> 6:00 - 7:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>12</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Beyond Level 5</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>13</b> <b>Adult Lap</b> 6:00 am-10:15 am <b>Adult No Lap</b> 1:30 - 2:00 pm <b>Family Swim</b> 3:00 - 4:00 pm <b>Lessons</b> 4:00 - 6:00 pm <b>Family Swim</b> 7:00 - 8:00 pm <b>Adult Lap</b> 8:00 - 9:15 pm	<b>14</b> <p style="text-align: center;">SAME AS ABOVE</p>	<b>15</b> <p style="text-align: center;">SAME AS ABOVE</p>
<b>17</b> SAME AS ABOVE	<b>18</b> SAME AS ABOVE	<b>19</b> SAME AS ABOVE	<b>20</b> SAME AS ABOVE	<b>21</b> SAME AS ABOVE	<b>22</b> SAME AS ABOVE
<b>24</b> SAME AS ABOVE	<b>25</b> SAME AS ABOVE	<b>26</b> SAME AS ABOVE	<b>27</b> SAME AS ABOVE	<b>28</b> SAME AS ABOVE	<b>29</b> SAME AS ABOVE
<b>31</b> SAME AS ABOVE	<b>1</b> SAME AS ABOVE	<b>2</b> SAME AS ABOVE	<b>3</b> SAME AS ABOVE	<b>4</b> SAME AS ABOVE	<b>5</b> SAME AS ABOVE
<b>7</b> SAME AS ABOVE	<b>8</b> SAME AS ABOVE	<b>9</b> SAME AS ABOVE	<b>10</b> SAME AS ABOVE	<b>11</b> SAME AS ABOVE	<b>12</b> SAME AS ABOVE
<b>14</b> SAME AS ABOVE	<b>15</b> SAME AS ABOVE	<b>16</b> SAME AS ABOVE	<b>17</b> SAME AS ABOVE	<b>18</b> POOL CLOSSES AT 12PM	<b>19</b> CH CLOSED through September 4th pool re-opens September 6th

## SUMMER CLASS SCHEDULES:

### Adults only yoga

Tuesdays and Thursdays evenings  
7:15-8:30 pm  
Saturday Mornings 7:30-8:45 am

### Family yoga

Saturday Mornings 8:45-9:30 am

### Martial arts

Saturdays  
4-5 year olds 1:00 pm  
6-10 year olds 2:00 pm  
11 years & up 3:00 pm

### Adult Zumba

Mondays 7:30 pm

### Art Classes (for children)

Saturdays 11:00 am



### UPCOMING EVENTS

CH Summer Program  
begins July 3rd and  
ends August 18th

CH Building will be  
closed from  
August 19th through  
September 4th

Building re-opens  
September 5th

Pool re-opens  
September 6th at 6am

## Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers MUST remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool MUST be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming MAY swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)
- Absolutely NO eating in the locker rooms, NO exceptions.
- Children under the age of ten MUST be accompanied by an adult.
- Diving and/or jumping in NOT permitted.
- Food and drinks are NOT permitted in the locker/pool area.
- Street shoes are NOT permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time ADULTS MUST be accompanied by a child.

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					<b>1</b>
<b>3</b>	<b>4</b> CH CLOSED	<b>5</b> Over the Hill Basketball	<b>6</b> PM Yoga	<b>7</b>	<b>8</b> Yoga Water Aerobics Martial Arts
<b>10</b> Zumba	<b>11</b> Pamper Paddlers PM Yoga	<b>12</b> Over the Hill Basketball	<b>13</b> PM Yoga	<b>14</b>	<b>15</b> Yoga Water Aerobics Martial Arts
<b>17</b> Zumba	<b>18</b> Pamper Paddlers PM Yoga	<b>19</b> Over the Hill Basketball	<b>20</b> PM Yoga	<b>21</b>	<b>22</b> Yoga Water Aerobics Martial Arts
<b>24</b> Zumba	<b>25</b> Pamper Paddlers	<b>26</b> Over the Hill Basketball	<b>27</b>	<b>28</b>	<b>29</b> Yoga Water Aerobics Martial Arts
<b>31</b> Zumba	<b>1</b> Pamper Paddlers	<b>2</b> Over the Hill Basketball	<b>3</b>	<b>4</b>	<b>5</b> Water Aerobics Martial Arts
<b>7</b> Zumba	<b>8</b> Pamper Paddlers PM Yoga	<b>9</b> Over the Hill Basketball	<b>10</b>	<b>11</b>	<b>12</b> Water Aerobics Martial Arts
<b>14</b> Zumba	<b>15</b> PM Yoga	<b>16</b> Over the Hill Basketball	<b>17</b> PM Yoga	<b>18</b> <b>POOL CLOSES at 12PM</b>	<b>19</b> <b>CH CLOSED through Sept.4th Pool re-opens Sept 6th</b>