



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS

Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE

Mrs. Lily Zivkovic, Chairperson
Mr. Jack Seng, Vice-Chairperson
Mr. Joseph Keane, Past-Chairperson
Mr. Edward Llerandi, Treasurer
Mrs. Randy St. Germain, Secretary

COMMITTEE MEMBERS

Mrs. Clotilde Eng
Mr. George Mauro
Mrs. Shirley Moy
Mrs. Mary O'Connell
Mrs. JoJo Serventi, Director

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**CH
ANNUAL
MEMBER'S
BARBECUE
SATURDAY,
SEPTEMBER
21st
5PM**

The CH annual Member's Barbeque will be held on Saturday, Sept. 21st at 5:00 pm. Come and join your fellow members and their families as our Executive Committee and our wonderful staff welcome you and your children. There will be plenty of fun and games for all who attend.

The Community House will once again supply "the meat" of the meal, we are asking members to bring beverages or desserts. This enjoyable day might be a great time to introduce any prospective members to our facility, so bring them as well.

Reservation forms are available on our website or at the CH office. Please complete and return to the CH office no later than Monday, September 16th. We are looking forward to seeing you there.

(There is no charge for this event.)



A special thank you to all those families who participated in our Summer Program. We look forward to seeing you again next year. As always, we thank you for entrusting us with your children. They were a pleasure to have here at the Community House.

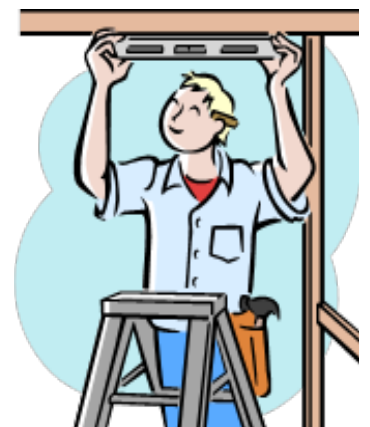


Mark your calendars for this year's "Taste of Forest Hills 2013"

Saturday,
November 2, 2013
1:00 - 4:00 pm

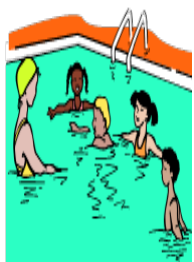
Come sample some of Greater forest Hills' best restaurants paired with today's best wines! Look for details in next month's Chatter!

CH Lobby got a make-over. Hope you like it!



CH Mother/Daughter Event,
Saturday
October 5, 2013
Details available soon.

FALL CLASSES AND CH NEWS



Fall Swim Classes

Registration for fall swim lessons will begin on September 16th for CH members and September 23rd for non CH members.

Group swim lessons will begin on Monday September 29th.

**Pamper Paddlers will begin on Saturday, October 5th
Beyond level 5 classes will begin the week of October 7th**

Call the CH office for more information or download a schedule from our website www.citgch.org

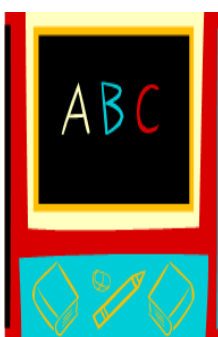


**"Over the Hill"
Men's
Basketball
Wednesday
evenings
7:15 pm**



**MARK YOUR
2013/2014
CALENDARS**

September 21 - CH Member's Barbecue
October 5 - CH Mother/Daughter Event
November 2 - "2013" Taste of Forest Hills
December 7 - CH Family Holiday Dinner Dance
December 14 - Men's Club Christmas Dinner Dance
April 11&12 - Women's Club Rehearsal & Guest Night



Welcome back to the CH after school program. The after school program will follow the NYC public school calendar and begin on September 9th.

The hours are as follows:
3:00pm -7:00pm for grades Pre K through 6.

All medical and emergency contact forms are due by September 4th. Children will not be able to attend until all up-to-date forms are received. NO exceptions. Parent handbooks were sent to all registered students. Please read it carefully as it outlines ALL policies and expectations. We look forward to a very successful school year.

The Garden Players
Musical Theater for Kids at
the Church-in-the-Gardens

Come register on September 14th & 15th (12:30-2pm) for the Garden Players Friday Classes, a creative musical theater program for children 1st grade-9th grade. Classes culminate in an original musical in the Community House in May. The first semester, Betina Hershey and Sunny Knable lead the group in improvisational exercises that encourage individuality and courageous self expression, vocal exercises to strengthen volume, pitch, and tone, and each class will study selections from a well known musical. The second semester, the actors work on an original, fully staged musical. Towards show time, there will be weekend rehearsals. See the website for schedule info. Register on September 14th 12:30-2pm and September 15th 12:30-2pm in the Music Room at the Church-in-the-Gardens. Call Betina Hershey Russo at 917-204-5647 or go to www.gardenplayers.com for more info.



**From the
Community
House School**

Welcome back to school:

Welcome to the 2013-2014 school year. We hope you had a wonderful, restful, and rejuvenating summer.

We would like to welcome all of our returning families and special greetings to those families who are joining The CITG Community House Nursery & Kindergarten School for the first time. This year the students will have many new experiences as they learn about their world. We are adding new curriculum which will correlate with NY State Common Core Standards.

We realize how important it is to be confident that your child is actively engaged in activities but most importantly that they are happy and safe in a nurturing environment. We will do everything we can to provide that for each child in our care. We want each child's year at the school to be absolutely memorable!

Dates to Remember:

September 4th - Parent/Child Walk through 2:00pm-3:00pm
September 9th - First day of school for full day and 5 morning students
September 11th - First day of school for 3 afternoon students
September 26th - Meet the teacher night ADULTS ONLY at 7:30 pm

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car when visiting the CH.

SEPTEMBER POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 CH CLOSED	3	4 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	5 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	6 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	7 7:30 - 10:30am Adult Lap 10:30-11:00am Adult No Lap 10:30 - Noon Water Aerobics 1:00 - 5:30 pm Family Swim
9 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 6:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	10 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00-3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE	14 SAME AS ABOVE
16 SAME AS ABOVE	17 SAME AS ABOVE	18 SAME AS ABOVE	19 SAME AS ABOVE	20 SAME AS ABOVE	21 SAME AS ABOVE Pool closes at 4pm
23 SAME AS ABOVE	24 SAME AS ABOVE	25 SAME AS ABOVE	26 SAME AS ABOVE	27 SAME AS ABOVE	28 SAME AS ABOVE
29 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	30 SAME AS ABOVE				

CLASS SCHEDULES:

Adults only yoga

Tuesdays and Thursdays evenings
7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:45-9:00 am

Family yoga

Saturday Mornings 9 am-10 am

Martial arts

Saturdays

4-5 year olds 12:00 pm

6-10 year olds 1:00 pm

6-10 year olds 2:00 pm

11 years & up 3:00 pm

Hip Hop Classes

Friday evenings 7:00 pm

Zumba Classes

Mondays & Wednesdays 7:30 pm

Zumba Kids Jr. Class

Children ages 4-6

Saturdays 10:00 - 11:00 am

Water Aerobic Classes

Saturdays 10:30 am - 11:15 am

Saturdays 11:15 am - 12:00 pm

Tai Chi Classes

Saturdays 4:00 pm - 5:00 pm

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers MUST remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool MUST be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming MAY swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)
- Absolutely NO eating in the locker rooms, NO exceptions.
- Children under the age of ten MUST be accompanied by an adult.
- Diving and/or jumping in NOT permitted.
- Food and drinks are NOT permitted in the locker/pool area.
- Street shoes are NOT permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time ADULTS MUST be accompanied by a child.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 CH CLOSED	3 CH OFFICE OPEN ONLY	4 POOL RE-OPENS 6AM	5	6	7
9 First day of CH Nursery School First day for the after school program	10 PM Yoga	11 AM Yoga Over the Hill Basketball	12 PM Yoga	13	14 Yoga
16 Swim lesson registration for CH members	17 PM Yoga	18 AM Yoga GYM CLOSED	19 PM Yoga	20	21 Yoga Water Aerobics Martial Arts Gym Closes at 3pm MEMBER'S BARBECUE 5PM
23 Swim lesson registration for non-CH members 7am ZUMBA	24 PM Yoga	25 AM Yoga Over the Hill Basketball ZUMBA	26	27 HIP HOP	28 Yoga Zumba Kids Jr. Water Aerobics Martial Arts Tai Chi
30 ZUMBA					



UPCOMING EVENTS

October 5th - CH Mother
Daughter Event
October 8th - Women's Club 100th
anniversary - No classes for CH
Nursery School
October 14th - CH closed
Columbus Day
October 19th - Women's Club Gala
in gym - pool closes at 4:30pm
October 21st - Women's Club -
Board & Bridge
November 2nd - Taste of Forest
Hills 2013
November 4th - Women's Club
General Meeting
November 5th - Election Day -
No After school
November 11th - Veteran's Day
Women's Club Philanthropic
Luncheon - No After school
November 28th-30th - CH closed
for Thanksgiving Holiday Weekend