



The Community House • 15 Borage Place Forest Hills, NY 11375
Phone: (718) 268-7710 • Fax: (718) 268-8771 • Email: info@citgch.org



**CITG
COMMUNITY HOUSE
SERVING THE
COMMUNITY FOR
OVER 85 YEARS!**

15 Borage Place
Forest Hills, NY 11375-6012
Phone: 718-268-7710
Fax: 718-268-8771
www.citgch.org

OFFICE HOURS

Monday-Friday 9am-9:00pm
Saturday 9am-5:30pm

EXECUTIVE COMMITTEE

Mr. Jack Seng, Chairperson
Mrs. Lily Zivkovic, Vice-Chairperson
Mr. Joseph Keane, Past-Chairperson
Mrs. Clotilde Eng, Treasurer
Mrs. Mary O'Connell, Secretary

COMMITTEE MEMBERS

Mr. Edward Llerandi
Mr. George Mauro
Mrs. Shirley Moy
Mrs. Randy St. Germain
Mrs. JoJo Serventi, Director

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REGISTER NOW FOR THE CH SUMMER PROGRAM 2014

The Community House is offering a 7-week Summer Program beginning June 30th and ending August 15th.

The CH Summer Program has proven to be a wonderful experience for children and counselors alike. Daily hours are 8:30 am - 4:00 pm
Early drop off (8:00 am) & Extended Care (4:00 pm - 6:00 pm)

Kinder Program for Grades pre-K and K
Junior Program for Grades 1 through 6
CIT Program for CH member students who have completed grades 7 or 8

Applications are available NOW at the CH Office or you can download one at www.citgch.org

Register early to assure a place for your child. Orientation night in June!

The Women's Club Floral Demonstration and Luncheon Thursday, February 20th at 10:30am

The Garden chapter is delighted to present a demonstration by Tom Sebenius, speaker at the Macy's Flower show and long associated with the Tournament of Roses parade and Starbright Floral Design in Manhattan. We also promise you a delicious lunch with lots of tasty treats, and a chance to win a beautiful floral creation. Guests are welcome.

Cost: \$35 per member/\$38 non-members

RSVP by February 12th

Please mail your check, made out to the Women's Club, and seating preferences to:

Maggie Brady
150 Greenway Terrace
Apt 41W
Forest Hills, NY 11375

CLASSES AND CH NEWS



Swim Classes

There is still limited availability in some of the winter swim classes. Call the CH office for more information.



The Community House School is having a bake sale on Tuesday, February 12th



"Over the Hill" Men's Basketball Wednesday evenings 7:15 pm



MARK YOUR 2014 CALENDARS

March 22 - Men's Club Spring Dance
April 11&12 - Women's Club Rehearsal & Guest Night
September 20 - CH Members' Barbecue
October 18 - "Taste of Forest Hills 2014" (10th annual)



The after school program follows the NYC public school calendar therefore there will be **NO AFTER SCHOOL** on Monday, February 17th through Friday, February 21st

Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members must have an updated parking pass in their car

Saturday morning Soccer clinic

10:30 am-12:30 pm
10:30am-11:30am for children ages 5-7
11:30 am-12:30 pm for children ages 8-10

2/1, 2/8, 2/15, 2/22
3/1, 3/8, 3/22, 3/29

Classes will remain as scheduled based on enrollment size.



From the Community House School

I can't believe it's February and the school year is half over! February is a short month, but we will be busy with the various holidays. This is a fun month where we just get to enjoy and appreciate our loved ones! Not only do we have our Valentine parties and all our regular scheduled activities, but we will also learn about dental health with a visit from a pediatric dentist and we will celebrate President's Day.

Important Dates:

February 7 - PA meeting 9:00am
Engineering for Kids Demo at 10:30am
February 12 - The Dentist will visit the school
February 14 - Valentine's Day
Wear red today
February 17 - February 21 - School is closed

Due to insufficient responses, the Super Bowl Party has been cancelled.



NOTICE TO ALL MEMBERS
Please be reminded if the complimentary classes we offer to our members do not have at least 5 people attending the classes, then the classes will have to be cancelled.

FEBRUARY POOL SCHEDULE

Please follow the CH rules while using the pool!!
NO FOOD OR DRINKS IN THE POOL AREA!!

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time!

SAVE WATER - Remember to turn off the showers.
 Kindly keep our locker rooms clean...Thank you!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 6:30 - 10:30am Adult Lap 10:30 - 11:00am Adult No Lap 10:30 - Noon Water Aerobics 1:00 - 5:30pm Family Swim
3 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	4 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	5 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:00 pm Lessons 7:00 - 8:00 pm Family Swim 7:00 - 8:00 pm Beyond Level 5 8:00 - 9:15 pm Adult Lap	6 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 3:30 pm Lessons 3:30 - 5:00 pm Family Swim 7:00 - 8:00 pm Family Swim 8:00 - 9:15 pm Adult Lap	7 6:00 am - 1:00 pm Adult Lap 1:00 - 2:00 pm Adult No Lap 3:00 - 4:00 pm Family Swim 4:00 - 6:30 pm Lessons 6:30 - 7:30 pm Family Swim 7:30 - 9:15 pm Adult Lap	8 SAME AS ABOVE
10 SAME AS ABOVE	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE	14 SAME AS ABOVE	15 SAME AS ABOVE
17 CH CLOSED	18 SAME AS ABOVE	19 SAME AS ABOVE	20 SAME AS ABOVE	21 SAME AS ABOVE	22 SAME AS ABOVE
24 SAME AS February 3rd	25 SAME AS ABOVE	26 SAME AS February 5th	27 SAME AS ABOVE	28 SAME AS February 7th	

CLASS SCHEDULES:**Adults only yoga**

Tuesdays and Thursdays evenings

7:15-8:30 pm

Wednesday Mornings 6:30-7:45 am

Saturday Mornings 7:30-8:45 am

Family yoga

Saturday Mornings 8:45-9:30 am

Martial arts

Saturdays

4-5 year olds 12:30 pm

6-10 year olds 1:30 pm

6-10 year olds 2:30 pm

11 years & up 3:30 pm

Hip Hop Classes

Friday evenings 7:00 pm

Zumba Classes

Mondays & Wednesdays 7:30 pm

Zumba Kids

Saturday Mornings 9:30 - 10:30 am

Saturday Soccer clinic

Children ages 5-7 10:30 - 11:30 am

" ages 8-10 11:30am - 12:30 pm

Water Aerobic Classes

Saturdays 10:30 am - 11:15 am

Saturdays 11:15 am - 12:00 pm

Tai Chi Classes

Saturdays 4:30 pm - 5:30 pm

Pool Notes and Reminders

- The lifeguard is in charge of the pool while on duty!
- Swimmers **MUST** remember to shower before they get into the pool.
- Admission to the pool ends 15 MINUTES BEFORE the pool closes.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **THERE WILL BE NO LAP SWIMMING DURING ADULT NO LAP SWIM (THIS IS NON NEGOTIABLE!)**
- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Children under the age of ten **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- **Yearly locker rental fees will be \$60 for small lockers and \$120 for large lockers.** You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- During Family swim time **ADULTS MUST** be accompanied by a child.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Yoga Zumba Kids Soccer Clinic Water Aerobics Martial Arts Tai Chi
3 Women's Club General Meeting Zumba	4 PM Yoga	5 AM Yoga Over the Hill Basketball Zumba	6 PM Yoga	7 HIP HOP	8 Yoga Zumba Kids Soccer Clinic Martial Arts Tai Chi
10 Zumba	11 PM Yoga	12 AM Yoga Over the Hill Basketball ZUMBA	13 PM Yoga	14	15 Zumba Kids Soccer Clinic Water Aerobics Martial Arts Tai Chi
17 CH CLOSED	18	19	20 Women's Club Garden Luncheon	21	22 Soccer Clinic Water Aerobics Martial Arts Tai Chi
24 Women's Club Board & Bridge Zumba	25 PM Yoga	26 AM Yoga	27 PM Yoga	28 HIP HOP	

UPCOMING EVENTS

March 3 - Women's Club General Meeting
 March 17 - Women's Club Board & Bridge
 March 17 - Swim registration for CH Members
 March 22 - Men's Club Spring Dance
 March 24 - Swim registration for non CH members
 April 11 & 12 - Women's Club Rehearsal & Guest Night
 April 14 through 22 - Spring break
 No After School
 April 18 - CH Closed Good Friday
 April 21 - Women's Club Board & Bridge

